

# 2017 MINNESOTA IRONMAN MAIL IN REGISTRATION FORM

RIDE DATE: **APRIL 30, 2017** – REGISTRATION DEADLINE: **APRIL 19, 2017**

Returning this year "Bring a Buddy" reduced registration fee.

NAME \_\_\_\_\_ Buddy Name \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL \_\_\_\_\_ TELEPHONE \_\_\_\_\_

## 1. // // // // REGISTER TO RIDE // // // // //

» **Individual Registration (Adult or Youth)**..... \$ \_\_\_\_\_ )

» **\$35.00** Early Bird Registration (ages 18 & older) 2/1 - 2/29

» **\$15.00** Youth Registration (age 17 & under) 2/1 - 4/13

» **\$45.00** Registration (ages 18 & older) 3/1 - 3/31

» **\$45.00** Late Registration (ages 18 & older) 4/1 - 4/13

» **Adult - Bring a Buddy**..... \$ \_\_\_\_\_

**Register 2 Adults at a discounted rate.**

» **\$60.00** Early Bird Registration for two 2/1 - 2/29

» **\$80.00** Registration for two 3/1 - 3/31

» **\$80.00** Late Registration for two 4/1 - 4/13

**Registration deadline: April 13, 2015 @ 5:00 p.m.**

## 2. // // // // PURCHASE MERCHANDISE // // // // //

**SHORT SLEEVE POLY/COTTON T-SHIRTS** (unisex) @ \$16 ea (XXL \$18) \$ \_\_\_\_\_

> IRONMAN [S\_\_\_] [M\_\_\_] [L\_\_\_] [XL\_\_\_] [XXL\_\_\_]

> IRONWOMAN [S\_\_\_] [M\_\_\_] [L\_\_\_] [XL\_\_\_] [XXL\_\_\_]

**LONG SLEEVE POLY/COTTON T-SHIRTS** (unisex) @ \$20 ea (XXL \$22) \$ \_\_\_\_\_

> IRONMAN [S\_\_\_] [M\_\_\_] [L\_\_\_] [XL\_\_\_] [XXL\_\_\_]

> IRONWOMAN [S\_\_\_] [M\_\_\_] [L\_\_\_] [XL\_\_\_] [XXL\_\_\_]

**MIBR WOOL SOCKS** by SockGuy @ \$10 ea or 2 pair \$18 \$ \_\_\_\_\_

> 2 sizes: [Sm/Med 6-10\_\_\_] [L/XL 8-13\_\_\_]

**MIBR PATCH (Embroidered)** @ \$5.00 ea \$ \_\_\_\_\_

**JERSEY - BRONZE CLUB FIT** (see website) by Podiumwear @ \$75 ea

### TO ORDER JERSEYS

**JERSEY - GOLD RACE FIT** (see website) by Podiumwear @ \$105 ea **GO TO**

**IRONMANBIKERIDE.ORG**

**JERSEY - LONG SLEEVE MARINO WOOL** (see website) by Podiumwear @ \$125 ea

3. **Donation to HI - USA** (501(c)3 non-profit; tax deductible) \$ \_\_\_\_\_

4. **TCBC Membership** (complete form on next page - \$30 single; \$45 household) \$ \_\_\_\_\_

5. **Make check payable to "HI-USA"** **TOTAL ENCLOSED:** \$ \_\_\_\_\_

**Mail In Instructions on the next page**

## Safety Pledge

**ALL RIDERS MUST READ AND SIGN THE FOLLOWING WAIVER**

**In compliance with all traffic laws and the courtesies of bicycling, I hereby pledge to:**

- Ride to the right of the center line
- Obey all stop signs and stoplights unless otherwise directed by a law officer
- Ride no more than two abreast
- Yield right of way to emergency vehicles
- Take responsibility for my own safety
- Ride as far to right as is practical at all times
- Wear a properly fitted and certified helmet at all times while riding the Minnesota Ironman Bicycle Ride (MIBR)

I, the undersigned, know that bicycling is a sport carrying significant risk of personal injury; I know that there are natural and man-made obstacles or hazards, surface and environmental conditions, and risks which in combination with my actions can cause me severe or fatal injury; I agree that as a participant, I must take an active role in understanding and accepting these risks, conditions, and hazards.

I also agree that I, and not Hostelling International and/or its councils, staff, volunteers or sponsors, am responsible for my safety while I participate or train for the MIBR. I hereby release Hostelling International (HI-USA) its sponsors, organizers, associated entities and any or all persons connected with the MIBR from all liability for any injuries or damages. This statement of risk and safety pledge and signatures thereto, shall be valid for and apply to all portions of the 2017 MIBR at this site in a contiguous period of time.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian Signature (if participant is under 18) \_\_\_\_\_ Date \_\_\_\_\_

**WOULD YOU LIKE TO VOLUNTEER TO HELP WITH THE MIBR?**

**YES! PLEASE CONTACT ME.**

### FOR OUR STATISTICS

Which DISTANCE/ROUTES do you plan to ride? 93\_\_ 55\_\_ 45\_\_ 27\_\_ 19\_\_

Number of times you rode the MIBR: 1st\_\_ 1-5\_\_ 6-10\_\_ 10+\_\_

Sex: M F Your Age: \_\_\_\_\_

# MINNESOTA IRONMAN®



## BICYCLE RIDE



### TWIN CITIES BICYCLING CLUB



The Twin Cities Bicycling Club (TCBC), with over 1600 members, is the largest recreational bicycle club in the metro area. In 2016, our trained ride leaders led nearly 2000 rides. All TCBC rides are rated on distance and speed, offering something for everyone –

whether you are a brand new rider or an experienced cyclist looking for a new challenge. Most of our club rides are road rides, although we do offer a number of trail rides and off-road rides.

Members receive our monthly Activity News which provides our ride schedule and other interesting news about the club. Other information about us can be found at [www.BikeTCBC.org](http://www.BikeTCBC.org) Please consider joining us on a ride this season!

### MEMBERSHIP APPLICATION

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

ZIP \_\_\_\_\_

E-mail \_\_\_\_\_

Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_  M  F

Phone (\_\_\_\_) \_\_\_\_\_

Check one  first time member  renewal

**Membership Categories** (circle one)

SINGLE \_\_\_\_\_ \$30

HOUSEHOLD \_\_\_\_\_ \$45

### MAIL IN REGISTRATION INSTRUCTIONS

1. Fill out one form per person (including tandem and trail-a-bike riders). Photocopy the registration form if you need more copies.
2. READ and SIGN the Safety Pledge and Waiver.
3. Make check payable to **HI-USA**.
4. Make sure to include your check with registration.
5. Mail your registration to:  
**Minnesota Ironman Bike Ride**  
2080 Long Lake Rd  
New Brighton, MN 55112

**Note: Registration fees are non-refundable.**

### REGISTER ONLINE

[www.IRONMANBIKERIDE.org](http://www.IRONMANBIKERIDE.org)

It's fast, easy and convenient.



### CONTACT US

**Minnesota Ironman Bike Ride**  
**Hostelling International MN**  
2080 Long Lake Rd  
New Brighton, MN 55112

E: [ride@ironmanbikeride.org](mailto:ride@ironmanbikeride.org)

W: [ironmanbikeride.org](http://ironmanbikeride.org)

T: (562) 233 4022

### REGISTRATION CHECKLIST

- Include your email address?
- Signatures where needed?
- Check enclosed?
- One form per person?